



*“Building a community that values, empowers, and supports seniors, adults with disabilities, and their caregivers”*

### **Help Finding Services**

#### **Information & Assistance Specialist**

Make decisions that are right for you!  
Are you looking for help with housekeeping, bathing, yard work, transportation, housing? All those things that help you stay independent and living where you want to live? Are you a caregiver looking for answers, help, and stress relief. We listen to your unique situation and focus on identifying needs, preferences, and support—both personal and financial; then gather information on your options and help you weigh the pros and cons of each option, so that you can make informed decisions.

### **Money Matters**

#### **Elder and Disability Benefit Specialist**

Benefits Specialists educate and advocate for you in exploring benefit options. They provide information and assistance regarding private and/or government programs. Programs include but aren't limited to Medicare, Medicaid, prescription drug assistance, Social Security benefits, consumer issues and benefit appeals and denials.

### **Give Back**

#### **Volunteer Opportunities**

Make a difference in someone's life and give back to the community. We offer volunteer opportunities for you to share your time and talent.

### **Food - Meals**

#### **Nutrition Program - Dining Sites - Homebound Meals**

Socialize and enjoy a hearty lunch at a dining site. For homebound seniors or adults with disabilities who qualify, lunch can be delivered to your home. Nutrition consultation from a Registered Dietitian is also available.

### **Prevention & Recreation**

#### **AddLife Centers**

Add *Life* to your years! You will find a variety of programs to improve your health and increase your vitality. Connect with friends, make new ones, and learn something new! Add “Laughter, Independence, Friends & Energy “ to your *Life*. Exercise classes, support groups, workshops so much to do!

### **We're on the Web**

#### **Information available 24 hours a day, 7 days a week!**

Visit us 24 hours a day on our website and Facebook page to learn more about what we offer. Check out Community Guide Resource Data Base—a resource directory that provides detailed information about community services that help you to remain independent and are invaluable to caregivers.

[www.ADRCoftbrowncounty.org](http://www.ADRCoftbrowncounty.org)

[www.facebook.com/adrcbrowncounty](http://www.facebook.com/adrcbrowncounty)



**(920)448-4300**

**Hours: 8:00 am – 4:30 pm Monday-Friday ♦ Appointments Appreciated for Office Visits**

**Other Hours Available by Prior Arrangement**

# Resource Center of Brown County

## Connecting you to Options for

- ◆ Prevention - Health & Wellness
- ◆ Recreation - Meet People, Have Fun
- ◆ In-Home Care
- ◆ Housing - Independent & Assisted Living
- ◆ Caregiver Supports
- ◆ Adult Day Programs and Respite Care
- ◆ Memory Screening
- ◆ Dementia and Alzheimer's Care
- ◆ Benefit Advocacy - Public & Private
- ◆ Medicare and Other Insurance
- ◆ Maintaining Your Home
- ◆ Transportation
- ◆ Food and Nutrition Programs
- ◆ Students with Disabilities Post High School
- ◆ Veterans Services
- ◆ Screening for Public  
Long-Term Care Funding

(920) 448-4300

Fax: (920) 448-4306 WI Relay:711

300 South Adams Street, Green Bay, WI 54301

 [www.ADRCoofbrowncounty.org](http://www.ADRCoofbrowncounty.org)  
[www.facebook.com/adrcbrowncounty](https://www.facebook.com/adrcbrowncounty)

Email: BC\_Aging\_Disability\_Resource\_Center@co.brown.wi.us

The ADRC of Brown County is an equal opportunity employer and provider functioning under an affirmative action plan.



***First Step to Take***

***First Call to Make***

*Helping Seniors, Adults with Disabilities,  
their Caregivers and Families.....  
Live their best possible Life*

***Providing Advocacy, Information, and Access  
to services and opportunities that  
support independence and individual choice***